

# Nipissing Manor Activity Calendar September - 2025

| Sunday                                                                                                                                                                                             | Monday                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                                                                                                                    | Saturday                                                                                                                                                                                                                                                               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                    | <b>1. LABOUR DAY</b><br>Morning Coffee - MDR 10:00<br><br>BINGO - MDR  10:15<br><br>Simon Says -AR 2:00<br><br>Afternoon Tea– AR 2:30 | <b>2.</b> Morning Coffee - MDR 10:00<br><br>Bilingual Catholic Mass - MDR 10:15<br>Hockey in the Park 2:00<br><br>Afternoon Tea in the Park 2:30<br>Music and Memories-QR 6:45              | <b>3.</b> Stretch & Flex-AR 9:45<br>Morning Coffee-AR 10:00<br><br>Arts and Crafts-Tin Foil Prints-AR 10:15<br><br>Penny Cards in the Park 2:00<br>Afternoon Tea in the Park 2:30                                                                                                          | <b>4. Making Fruit Salad-AR 9:45</b><br>Morning Coffee in the Park 10:00<br><br>Exercise Class in the Park 10:15<br><br>Connect 4 in the Park 2:00<br>Afternoon Tea in the Park 2:30<br>Reading Group-QR 6:45              | <b>5.</b> Stretch & Flex– AR 9:45<br><br>Morning Coffee– AR 10:00<br><br><b>Salvation Army - MDR 2:15</b><br><br>Afternoon Tea- MDR 3:00                                                                                                                                                                  | <b>6.</b> Morning Coffee - MDR 10:00<br><br>BINGO - MDR  10:15<br><br>Bowling-MDR 2:15<br>Afternoon Tea—MDR 3:00<br>Creative Colouring-SDR 6:45                                     |
|                                                                                                                                                                                                    | <b>7. Grandparents Day</b><br>Stretch & Flex-AR 9:45<br><br>Morning Coffee - AR 10:00<br>Word Ladders-AR 10:15<br><br>Grandparents Photo Booth in the Park 2:00<br>Afternoon Tea in the Park 2:30                      | <b>8.</b> Morning Coffee - MDR 10:00<br><br>BINGO - MDR 10:15<br><br><b>Seated Line Dancing with Heather-MDR 2:15</b><br><br>Afternoon Tea in the Park 3:00<br>Caring Connections 6:45      | <b>9.</b> Morning Coffee - MDR 10:00<br><br>Bilingual Catholic Mass - MDR 10:15<br><br><b>September Birthday Party in the Park and Music with Norm  2:15</b><br><b>Gospel Hall Hymn Sing - MDR 6:45</b> | <b>10.</b> Stretch & Flex-AR 9:45<br>Morning Coffee - AR 10:00<br><br>Arts and Crafts-Cotton Ball Tree Painting– AR 10:15<br><br>Volleyball in the Park 2:00<br>Afternoon Tea in the Park 2:30<br>Strolls in the Park 6:45 | <b>11. Baking-Apple Turnovers - AR 9:45</b><br>Morning Coffee - AR 10:00<br><br>Exercise Class-AR  10:15<br><br>Manicures & Paraffin Hand Wax-AR 2:00<br>Afternoon Tea - AR 2:30                                       | <b>12.</b> Stretch & Flex-AR 9:45<br><br>Morning Coffee-AR 10:00<br><br>Boggle-AR 10:15<br><br>Friday Afternoon Social & Washer Toss in the Park 2:00<br>Hand Massages– QR 6:45                                                                                        |
|                                                                                                                                                                                                    | <b>14.</b> Stretch & Flex-AR 9:45<br><br>Morning Coffee - AR 10:00<br><br>Cards and Games - AR 10:15<br><br>Manicures and Paraffin Hand Waxing - AR 1:30<br>Afternoon Tea -AR 2:30<br>Creative Colouring –AR 6:45      | <b>15. Residents' Council Week!</b><br>Morning Coffee - MDR 10:00<br><br>BINGO - MDR 10:15<br><br>Fly Swatter Tennis-AR 2:00<br>Afternoon Tea- AR 2:30                                      | <b>16.</b> Morning Coffee - MDR 10:00<br><br>Bilingual Catholic Mass - MDR 10:15<br><br><b>Residents Council Meeting - AR 1:30</b><br>Shuffleboard-MDR 2:15<br>Afternoon Tea- MDR 3:00<br>Music Memories-QR 6:45                                                                           | <b>17.</b> Stretch & Flex-AR 9:45<br>Morning Coffee - AR 10:00<br><br>Arts and Crafts– Apple Stamping-AR 10:15<br><br><b>Wine and Cheese in the Park 2:00</b>                                                              | <b>18.</b> Making Caramel Apple Dip - AR 9:45<br>Morning Coffee - AR  10:00<br><br>Exercise Class-AR 10:15<br><br><b>South Shore Missionary Service-MDR 2:15</b><br>Afternoon Tea - MDR 3:00<br>Reading Group– QR 6:45 | <b>19.</b> Morning Coffee - MDR 10:00<br><br><b>Singing Bingo with Heather-MDR 10:15</b><br><br>Friday Afternoon Social & Horseshoes in the Park 2:00                                                                                                                  |
|                                                                                                                                                                                                    | <b>21.</b> Stretch & Flex-AR 9:45<br><br>Morning Coffee - AR 10:00<br><br>Hymn Sing - AR 10:15<br><br>Manicures and Paraffin Hand Waxing - AR 1:30<br>Afternoon Tea - AR 2:30                                          | <b>22. 1st Day of Fall</b><br>Morning Coffee - MDR 10:00<br><br>Bilingual BINGO - MDR 10:15<br><br><b>Music with Heather-MDR 2:15</b><br>Afternoon Tea-MDR 3:00<br>Strolls in the Park 6:45 | <b>23.</b> Morning Coffee - MDR 10:00<br><br>Bilingual Catholic Mass - MDR 10:15<br><br>Spaghetti Races-AR 2:00<br>Afternoon Tea-AR 2:30                                                                                                                                                   | <b>24.</b> Stretch & Flex-AR 9:45<br>Morning Coffee - AR 10:00<br><br>Arts and Crafts-Fall Sunflower Craft- AR 10:15<br><br>Bye Bye Birdie– AR 2:00<br>Afternoon Tea –AR 2:30<br>Movie Matinée– AR & QR 6:45               | <b>25.</b> Baking Apple Muffins - AR 9:45<br><br>Morning Coffee - AR 10:00<br><br>Exercise Class -AR 10:15<br><br>Autumn Alphabet-AR 2:00<br>Afternoon Tea– AR 2:30                                                                                                                                       | <b>26.</b> Stretch & Flex-AR 9:45<br><br>Morning Coffee - AR 10:00<br><br>Charades - AR 10:15<br><br>Friday Afternoon Social & Music in the Park  2:00<br>Caring Connections 6:45 |
| <b>28.</b> Stretch & Flex– AR 9:45<br><br>Morning Coffee - AR 10:00<br><br>Trivia - AR 10:15<br>Manicures and Paraffin Hand Waxing - AR 1:30<br>Afternoon Tea - AR 2:30<br>Creative Colouring 6:45 | <b>29.</b> Morning Coffee - MDR 10:00<br><br>BINGO - MDR 10:15<br><br>Bean Bag Toss - AR 2:00<br>Afternoon Tea-AR 2:30                                                                                                 | <b>30.</b> Morning Coffee - MDR 10:00<br><br>Bilingual Catholic Mass - MDR 10:15<br><br>Volleyball-MDR 2:15<br>Afternoon Tea - MDR 3:00<br>Hand Massages 6:45                               |                                                                                                                                                                                                       |                                                                                                                                       | The Therapeutic Park will be open and supervised by staff 10:00 & 11:00 am and 2:15-3:00pm (weather permitting) Sunscreen and sun hats are required in the park.                                                                                                                                          |                                                                                                                                                                                   |